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newquay
official resort marketing

2026



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WELCOME

It is an honour as Mayor to welcome you to Newquay. Our town which glistens on the cliff top awash with the sound of crashing waves and the song of seabirds, is a special place.

We have much to offer those that visit our wonderful community.

Newquay is rich in natural beauty, history and is a vibrant place to spend time. Nowhere is more awash with history than the Harbour area of town. There is evidence of a harbour here for almost 600 years, the current harbour was built in 1833. Here you will also find our dedicated RNLI volunteers saving lives at sea. Why not take the walk up from the harbour to the Huers Hut upon which cries of 'Hevva,

Hevva' by the Huer to local fisherman notifying them of shoals of pilchards in the bay, could be heard.

We are blessed with an abundant and tranquil natural environment around Newquay, from our green spaces like the Killacourt, the many amazing clifftop walks such as to Porth Island where if you are lucky you may see the blow hole, of course our stunningly beautiful beaches which rival any in the world and our beautiful oceans which house much marine life from whales to seals, crabs to dolphins, witness but please keep your distance. I hope you get a chance to enjoy them all whilst you visit us but remember please to respect them and protect them so many

generations can enjoy what we do today.

You will find our community is a real melting pot of amazing people many of whom have chosen Newquay as their home, we have residents from across the globe living here which creates a diverse and welcoming place, this in my opinion is Newquay's greatest strength. While here chat to us ask about our journeys, on the beach, in the sea or in our many hospitality establishments. You will find me in a local coffee shop most mornings, if you see me come and have a chat!

Drew Creek, Mayor of Newquay



Drew

WILD, FIERCE AND UNFORGETTABLE



Newquay
Zoo
Wild about 18007

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Registered charity number 900925

Contents



| | |
|-------------------------|--------|
| Events | 6- 10 |
| Life's a beach | 12- 13 |
| Surfing Destination | 14 |
| Escape | 15 |
| Into the Wild | 16 |
| Get Outdoors | 17- 19 |
| Pawsome Getaways | 20- 21 |
| Dock of the Bay | 22- 23 |
| Thrill Seekers Paradise | 25- 27 |
| Concrete Waves | 28 |
| Taste Newquay | 30- 36 |
| Pub with a View | 37 |
| Newquay Beer Festival | 38- 39 |
| Experience Newquay | 40- 41 |
| Discovery Trail | 43 |
| Trenance Cottages | 44 |
| History of Newquay | 45 |
| Shop | 46- 47 |
| The Heart of Newquay | 48- 49 |
| Family Fun | 50- 51 |
| All Aboard | 52 |
| Jump | 53- 54 |
| Stay Newquay | 56- 59 |
| Explore More | 61 |
| Scenic Journeys | 62- 63 |
| Directory | 64- 66 |

HAVE ANY QUESTIONS?

Contact the Tourist Information Centre

📍 Visit Newquay TIC, Newquay Library,
Marcus Hill, Newquay, Cornwall TR7 1BD

✉️ newquay.tic@newquay.gov.uk

☎️ 01637 838 516

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📷 visitnewquayofficial



Visit Newquay is the resort and destination marketing partnership for Newquay, Cornwall. The 2026 Visit Newquay Holiday Guide is produced by Visit Newquay, Newquay Town Council who would like to thank all who have contributed to this publication, including all advertisers in this guide and all member businesses of Newquay Tourist Information Centre for their support.

This guide was designed by Kovic Creative.



2026 EVENTS

VISITNEWQUAY.ORG
'WHAT'S ON'

Printed here is just a small selection of events running in 2026. To check event dates, and for a much larger selection, please visit the 'What's on' section of the official destination website for Newquay: visitnewquay.org

There you will find our regularly updated events listing featuring everything from the biggest events Cornwall has to offer, to live music from local acts in our clubs and bars.

visitnewquay.org is a great way to plan your your day when you visit Newquay.

JANUARY

1

Dip for Clic 2026
Newquay Harbour at 12 noon

Newquay Young Lives vs Cancer Fundraising Group are looking for dare-devils in Cornwall to take the plunge into the Atlantic Ocean on New Year's Day!

FEBRUARY

17

St Columb Major hurling of the silver ball. Part 1

St Columb Major

Enjoy one of the best Cornish traditions in 2026, not unlike a massive rugby scrum!

28

St Columb Major hurling of the silver ball. Part 2

St Columb Major

The traditions ends for 2026!



MARCH

5

St Piran's Day Celebrations

Various Newquay Locations

Celebrating St Pirans day in Newquay and around Cornwall.



28-29

CGS Spring Flower Show 2026

The Royal Cornwall Showground,
Wadebridge

Our 2026 Spring Flower Show is scheduled to take place on Saturday 5th and Sunday 6th April at The Royal Cornwall Showground near Wadebridge.

APRIL

3

Good Friday

Various Newquay Locations

Easter trails and Easter fun around Newquay

5

Easter Sunday

Various Newquay Locations

Easter trails, Egg hunts and Easter fun around Newquay

24-25

Rattler Fest 2026

Healey's Cornish Cyder Farm

Rattler cider, top quality bands and an adult-only festival.

26

Offset Show 2026

Royal Cornwall Events Centre

The Southwest's Premier Motor Show & Cornwall's Biggest Car Show is back for another year of automotive excitement! With all new attractions, as well as more cars and bigger displays.



MAY 1-3

Cornwall Tribute Festival 2026

Monkey Tree Holiday Park

A family music event featuring performances, live music and entertainment from some of the UK's top tribute acts.

9

Mardi Gras Carnival 2026

Lusty Glaze Beach
Step down to the beach and immerse yourself in the pulsating, colourful Latin atmosphere created by the legendary: Love Deluxx DJs - Paul on Sax - Dan on Drums. Dance, mingle, enjoy cocktails and soak up the energy of this awesome evening!

10

Cocker Spaniel meet up
Watergate Bay

Jody from Cornish ramblings has created a Cocker spaniel meet up event, which will be happening on the beach.

10

Trevornick 10K Run

Trevornick Holiday Park

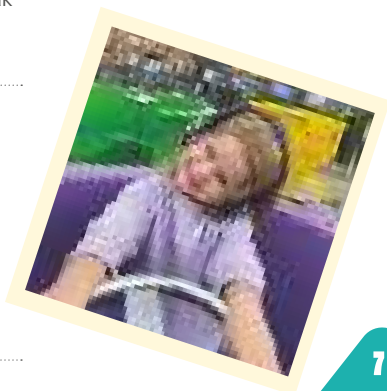
The Trevornick 10K is an annual multi-terrain 10km race organised by the Newquay Road Runners.

JUNE 4-6

Royal Cornwall Show 2026

The Royal Cornwall Showground

Every year, for 3 days in June, the best in entertainment, agriculture, shopping and competition can be found at the Royal Cornwall Show.



5-7

Tunes in the Dunes 2026

Perranporth

Tunes in the Dunes is a three-day live music festival featuring major headline acts, situated directly on the beach in Perranporth, Cornwall.



16-17

Duchy Ford Show Weekend

Watergate Bay Touring Park

The annual Duchy Ford Show Weekend 2026, hosted by Duchy Ford Club now at a new location.

TBC

Wave Project summer surf Sessions 2026

Watergate Bay Touring Park

Tailored for children and young adults with disabilities and mental health needs, the Summer Surf Sessions can provide everything a child needs to build confidence in the ocean.

JULY 4

Opening Killacourt Session

Killacourt

Kicking off the summer Killacourt sessions. The sessions will be running most weekends and promising unforgettable free afternoons of live Music and Entertainment.

The opening session is an afternoon and evening event packed with live music in the bandstand, and best of all it is completely FREE!

Please check our website for details on each event throughout the summer.

25

Ibiza Club Classics

Lusty Glaze Beach

Join us for an epic journey through dance music's most iconic anthems, made famous on the Island of Ibiza, brought to life by the raw power of a full orchestra and the pulse of world renowned DJs. Classic club tracks performed live on a Cornish beach like you've never heard them before!

Arts on the Beach

Watergate Beach
A free-to-attend family weekend of Performance, Dance, Music and Creative Workshops. A celebration of creativity, community,

AUGUST

Newquay Sessions Continue

Killacourt

An afternoon and evening jam packed with live music in the bandstand, and best of all it is completely FREE!

Check our website for details.



5-9

Boardmasters 2026

Fistral Bay & Watergate

Five epic days of music, surf and beach lifestyle, all set to the stunning backdrop of the cornish coast.

6-9

Creation Fest 2026

Royal Cornwall Events Centre,
Wadebridge

Join us for four days of family fun at the Royal Cornwall Events Centre in Wadebridge as we celebrate of the good news of Jesus...save the date and hang tight for more details on who will be joining us and how to book!

28-30

2026 Beach Tag Rugby Tournament

Lusty Glaze Beach

Two-day competition on Saturday and Sunday. Results from Saturday determine which level of competition teams play in on Sunday. Games are played through the day progressing to knockout stages and floodlit finals on Sunday evening. Live music and Fireworks after the trophy presentation.



PRIDE

The weekend Newquay Sessions continue!

Killacourt

Check our website for details.

An afternoon and evening jam packed with live music in the bandstand, and best of all it is completely FREE!

TBC

Newquay Pride 2026!

Killacourt

Pride will march through the town centre of Newquay with the world's largest Pride flag!

SEPTEMBER

5

Summer Finale 2026

Killacourt

The Summer weekends of live music an fun comes to a close with another great free event on the killacourt

FREE family fun day on the Killacourt! Mini Fairground Rides games, live music, market, bar and more...

7-9

St Mawgan Steam & Vintage Rally 2026

St Mawgan, Nr Newquay

Vintage steam engine fun for everyone.



25

Disco Classics

Lusty Glaze Beach

Join us again as we celebrate the end of the summer season with the incredible: DISCO CLASSICS Live!

OCTOBER 24

Halloween in Newquay starts with the The Zombie Trail

This fantastic parade through the town has great costumes, entertainers and stirring music all after a day of the town market with pop-up stalls and sellers.



HALLOWEEN

NOVEMBER

Newquay Remembrance Parade

Town Centre 10:00am

The annual remembrance parade through the centre of Newquay.

27-29

Newquay at Christmas on the Killacourt

3 days of family festive fun including the Christmas Light Switch on and Christmas Fireworks at Newquay Harbour, with the best views from the Killacourt!

Includes the Christmas Market, entertainment, activities and much, much more!

Please check our website for all the details and confirm all the dates and times



CHRISTMAS
IN NEWQUAY

DECEMBER 31

New Year's Fireworks

Over Newquay Harbour 2026
Midnight

Best views are from the Killacourt for the annual New Year Fireworks display over Newquay.





All you need to know about Newquay!

Places to eat

Things to do

Events

Travel

Left luggage

Accommodation

Attractions

visit
newquay
official resort marketing

Visit Newquay Tourist Information,
Newquay Library, Marcus Hill, Newquay, TR7 1BD

www.visitnewquay.org • 01637 838516



NewquayCouncil





Stretching along Cornwall's dramatic coastline, Newquay's glorious sandy beaches beckon visitors with miles of captivating shores. Whether you're seeking a peaceful sunset stroll, thrilling water sports, or a perfect family day out, these golden stretches offer something for everyone.

LIFE'S A BEACH



GANNEL ESTUARY

Location

Meanwhile, Towan Beach captures the essence of Newquay's charm, with its iconic House on the Island standing sentinel over swimming spots and rock pools. Its central location puts you steps away from the town's vibrant cafes and shops.

Exploration

The Gannel Estuary stands as nature's playground, where the river meets the sea in a mesmerising display of tidal rhythms. This unique ecosystem, complete with its broad flowing river and expansive Crantock Beach, offers year-round dog-friendly access and circular walks that lead you through the pristine countryside back to Newquay's bustling centre within an hour.



Surfers

For surf enthusiasts, the legendary Fistral Beach reigns supreme. This surfing mecca hosts numerous festivals and competitions throughout the year. The north section excels at all times when big swells roll in, making it perfect for beginners, while the south end's left breaks shine during mid to high tide.

Families

Families flock to Porth Beach, where protective headlands create a natural sun trap and shelter from coastal winds. Here, parents can unwind with a good book while children play safely in the gentle waters.

Laidback

Seeking solitude? Tucked away around a small peninsula from its famous neighbour lies Little Fistral, a hidden gem often overlooked by the crowds.

FISTRAL
BEACH

SURFS UP

THE SURFING DESTINATION

Nestled along Cornwall's rugged coastline, Fistral Beach stands as a beacon for surf enthusiasts and beach-goers alike. This iconic stretch of golden sand has long been the epicentre of the UK's surfing culture, drawing in wave riders from around the world who come to experience its consistently excellent breaks.



Fistral's reputation precedes it. As one of the most famous surfing spots in Europe, it has played host to numerous prestigious competitions over the decades, including the Boardmasters Festival and the European Surf Championships. But Fistral's allure extends far beyond its competitive

pedigree. It is a place that captures the very essence of the Cornish coastal lifestyle - rugged, adventurous, and inherently connected to the power of the ocean.

But surfing is just one part of Fistral's allure. This beloved beach is also a hub of coastal activity, from beach activities and coasteering to simple sunbathing and sandcastle building. The adjacent Fistral Beach complex offers a range of shops, restaurants, and watersports facilities to cater to every visitor's need. It's a place

to come and immerse yourself in the laidback, invigorating spirit of Cornwall.

Whether you're a seasoned surfer or a first-time beachgoer, Fistral's timeless charm and natural beauty make it an essential destination on any visit to Newquay. It is a place that captures the very essence of the Cornish coastline - rugged, elemental, and perpetually in motion. So grab your swimming attire, pack your sense of adventure, and get ready to experience one of the UK's most iconic surfing beaches.



Boardmasters
FESTIVAL



escape

Step into Fistral Spa, exclusively for adults, a haven of relaxation nestled on the edge of Newquay's iconic Fistral Beach. The sound of the ocean sets the rhythm for your escape and the beauty of the Cornish coast inspires every moment of calm.

Designed to soothe the body and calm the mind, Fistral Spa's facilities provide the perfect setting to unwind. Sink into the warmth of the vitality pool, detox in the sauna or

steam room or simply take time to breathe as you lounge in the jacuzzi.

GAIA treatments are tailored to meet your individual needs.



Whether you're seeking the tension-melting magic of a deep tissue massage, a glow-restoring facial, or an indulgent ritual, our expert therapists use GAIA Skincare products to deliver results that will leave you feeling refreshed.

Perfect for solo indulgence,

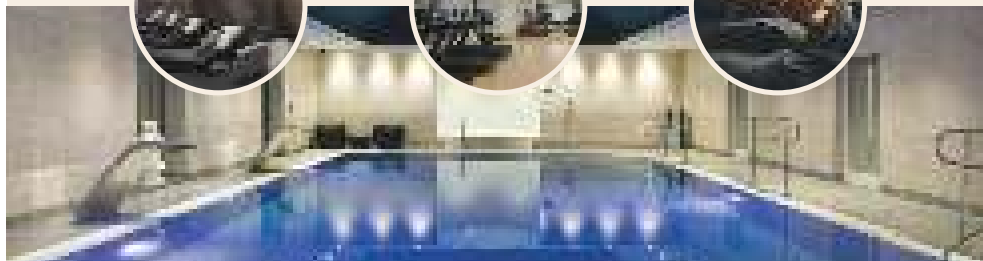
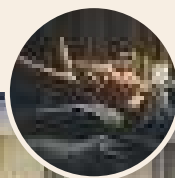
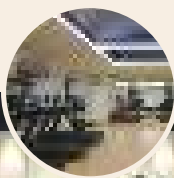
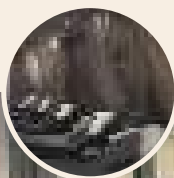


a couples' retreat or a day with friends, Fistral Spa offers bespoke spa packages to make your experience unforgettable. Extend the relaxation by pairing your spa journey with lunch or a glass of something sparkling in Bay Bar overlooking the iconic Fistral Beach.

Discover your perfect escape at Fistral Spa by booking online or calling using the details below.
01637 852221
www.fistralbeachhotel.co.uk/spa/



Immerse yourself in a world of relaxation, wellness, and rejuvenation at award-winning adult-only Fistral Spa, located on the breath-taking North Cornish coast.



Fistral Beach, Newquay, Cornwall, TR7 1PT
01637 852221 | fistralbeachhotel.co.uk

52°

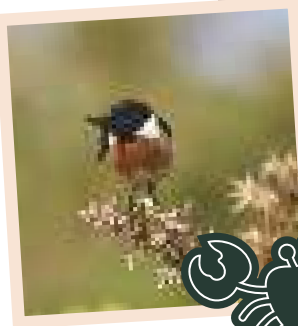
INTO THE WILD

Join Newquay Wild Activities for an amazing day out, learn about the incredible coastline we have and the species that share our shores.

Cornwall is home to a rich and diverse coastline and our beloved Newquay is a magical gem in the middle of it. With incredible beaches, headlands and countryside.

The rockpools are teeming with life – day and night! The cliffs are a haven for nesting birds. The seas are abundant with kelp forests and the coast path is a perfect place to spot anything from seals and dolphins to bees, birds and butterflies.

Our rockpool rambles and wildlife walks are led by local experts who know and love Newquay. Activities are in small groups of no more than 8 (you can also book a private group if you would like.) giving a real personal and bespoke experience.

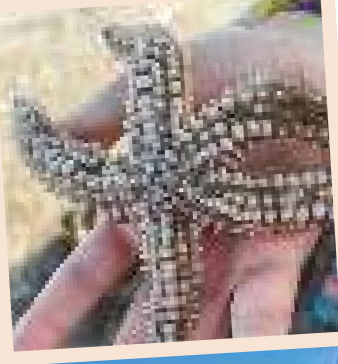


For those of you based in Newquay, we will pick you up from your hotel/accommodation and take you back in our bus! This will reduce traffic and stress while you are on your holiday, meaning your experience will start the moment we meet you. If you are staying outside Newquay, we will meet you on the outskirts of Newquay to reduce parking woes!

Newquay Wild Activities is a brand new social enterprise set up to show locals and tourists the amazing life that shares our shores. Be part of a larger community network by collecting data, protecting and conserve

it and help others to experience it too!

Take a wander at your own pace, take in the beauty of the surroundings, and then finish with a pasty lunch while discussing everything you have seen.



DISCOVER
MORE...

www.newquaywildactivities.org
Contact us to discuss private groups and
availability newquaywildactivities@gmail.com

GET Outdoors



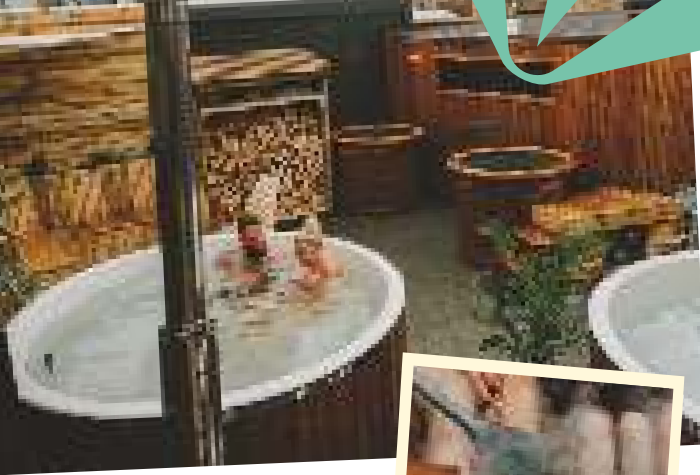
Nestled along Cornwall's stunning coastline, Newquay offers far more than its famous surf spots. From picturesque gardens to ancient woodland trails, the area boasts an array of outdoor experiences that showcase both natural beauty and rich heritage. Here's your guide to discovering Newquay's lesser-known outdoor treasures.



Newquay's green heart

Step into Trenance Gardens and you'll find yourself transported to a different era. These meticulously maintained Edwardian gardens serve as a peaceful retreat from the bustling beach scene. Winding pathways lead visitors through carefully manicured flowerbeds, where seasonal blooms create an ever-changing tapestry of colour. The boating lake, framed by weeping willows, provides a serene backdrop for afternoon strolls, while the charming Tea Room offers traditional Cornish cream teas in a garden setting.

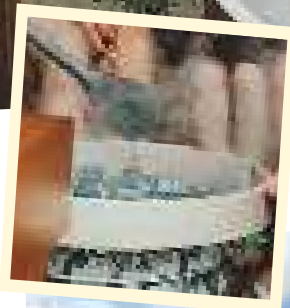
Trenance Gardens



a Nordic twist on coastal wellness

Perhaps Newquay's most unique outdoor experience, Saunassa brings Nordic wellness traditions to the Cornish coast located in the heart of Newquay. Saunassa is proud to provide a unique and relaxing experience that promotes overall health and wellness. With a wood-fired sauna, hot tubs, chilled baths, cold plunges, and a place to relax, bringing all the elements to make you feel refreshed and revitalised.

Navigate through the invigorating stages of heat and cold in their unique outdoor setting. Get transported on a thermal journey. A Nordic Spa, featuring two wood-fired hot tubs, a wood-fired sauna, two chilled baths, a cold plunge, and a relaxation area. Immerse yourself in hot & cold therapy, and a digital detox. Saunassa Nordic Spa redefines your expectations of relaxation.



TRERICE MANOR HOUSE

a dventure in a ncient woodland

Just a short drive from Newquay lies Cardinham Woods, a 650-acre woodland paradise that beckons outdoor enthusiasts year-round. Ancient oak and beech trees create a dense canopy over miles of marked trails suitable for all abilities. The onsite cafe, housed in an old woodsman's cottage, provides the perfect pit stop for homemade cakes and warming soups after exploring the trails.

Cardinham Woods

Where Gardens Meet History

This magnificent Elizabethan manor house is surrounded by gardens that tell tales of centuries past. The restored gardens feature period-appropriate plants and design elements, including:

- A traditional knot garden
- Tudor bowling green

Time your visit for late spring to catch the wisteria in full bloom along the manor's façade.

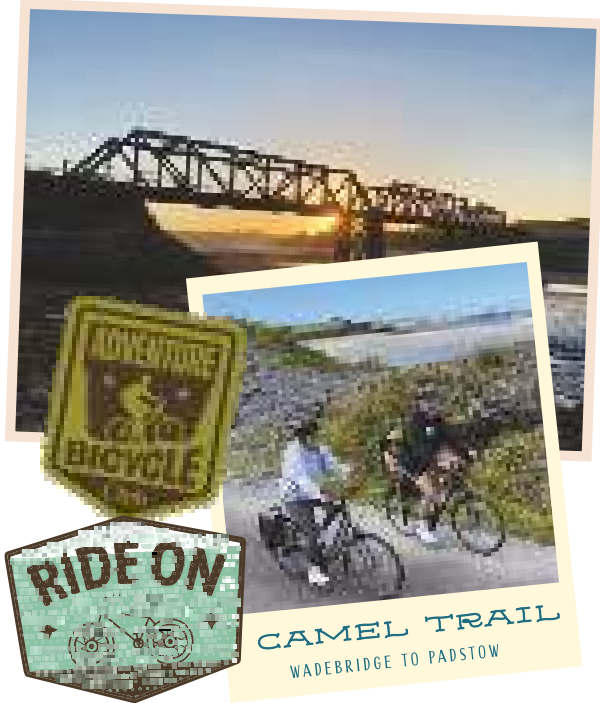
Trerice Manor House



Explore on Two Wheels

Transform your woodland adventure by partnering with Bridge Bike Hire, where knowledgeable staff match you with the perfect bike for your ability and ambition. Whether you're seeking a gentle family ride or an adrenaline-pumping mountain bike experience, their well-maintained fleet caters to all needs. The team's local knowledge proves invaluable, offering insider tips on the best trails and hidden viewpoints.

Bridge Bike Hire



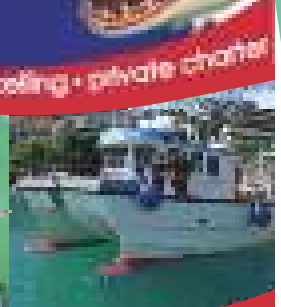
AS SEEN
ON TV



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07582 466 122

www.newquayseasafarisandfishing.co.uk

PAWSOME GETAWAYS

Newquay's Dog-Friendly Coastal Paradise

Newquay is a dream destination for travellers unwilling to leave their four-legged companions behind. The town offers an extraordinary blend of beach adventures, countryside exploration, and pet-welcoming hospitality that transforms ordinary holidays into memorable experiences.

DOG-FRIENDLY

Accommodation

- Carvynick Holiday Park
- Cornish Horizons
- Parkdean Resorts
- Hendra Holiday Park

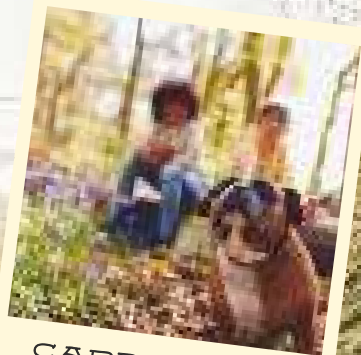
Places to eat

- Lewinnick Lodge
- Bowjie Inn
- Rick Steins Fistrall
- Cornwall Gold
- Smugglers Den

Things to do

- Lappa Valley
- Cardinham Woods
- Cornwall Gold
- Camel Trail with Bridge Bike Hire

**HAPPY
DOG
HAPPY
LIFE!**



CARDINHAM
- WOODS -

**RUN
FREE**



LONG WALKS
LONG NAPS



SANDY PAWS

ALL YEAR

- Crantock Beach
- Gannel Estuary
- Fistral Beach
- Harbour Beach
- Towan Beach
- Lusty Glaze
- Watergate Bay

SEASONAL

- Porth Beach
1st July to 31st August*
10am to 6pm Restrictions
Apply. *Please check.



Beaches define Newquay's canine appeal, with most sandy stretches welcoming dogs throughout the year. From the expansive Fistral Beach, perfect for surf-loving pups, to the tranquil Gannel Estuary where dogs can splash in shallow waters, there's a shoreline for every type of dog and owner.

Accommodation options cater wonderfully to pet owners. The Lewinnick Lodge, perched dramatically above Pentire Headland's cliffs, allows dogs not just in rooms but even in the bar area. For those preferring outdoor experiences, Carvynick Holiday Park provides picturesque camping with endless rolling countryside views.

Beyond beaches, Newquay offers diverse experiences for

adventurous dogs and their humans. Lappa Valley's nostalgic steam train rides include spacious fields where dogs can run freely, while Cardinham Woods provides scenic trails through a beautiful forested landscape.

Culinary experiences are equally dog-friendly. Rick Stein's Fistral restaurant and Smuggler's Den a traditional Cornish pub welcome four-legged guests, offering delicious meals with spectacular views.

From sandy shores to woodland trails, from historic steam trains to beachside restaurants, Newquay proves itself the ultimate destination for dog lovers seeking a truly inclusive holiday experience.



DOCK ♦ OF THE ♦ BAY



The harbour pulses as the beating heart of Newquay, a place where generations of maritime history have unfolded and local identity has been forged. Nestled on the edge of the manor of Towan Blystra, this historic waterfront tells a rich story of transformation and resilience.

First documented in the early 15th century as "a keye," Newquay began as a modest fishing hamlet. In 1439, when damage threatened the existing quay, local leaders sought assistance from Edmund Lacy, Bishop of Exeter. The community rallied, with an indulgence granted to those contributing to rebuilding efforts through labour, materials, or financial support.

Richard Carew's Survey of Cornwall in 1603 described the settlement as "newe Kaye," a place primarily suited to fishing. Throughout the early 19th century, the village gradually expanded, with Fore Street connecting Newquay and Towan. By 1882, the Chamber of Commerce officially renamed the growing settlement, marking its evolution from a simple fishing community to a burgeoning tourist destination.



The arrival of the passenger railway in 1876 dramatically transformed Newquay's economic landscape. Traditional harbour-based industries gradually gave way to tourism, yet the waterfront remained resilient. Modern developments have reimagined the harbour, now supporting both local fishing and tourist experiences. Charter boats now offer deep-sea fishing adventures, while local fishing vessels continue to supply fresh

seafood to area restaurants. Whilst fishing trips offer the unique opportunity to catch and cook one's own dinner.

Newquay Sea Safari's invite wildlife enthusiasts to explore the dramatic north coast, discovering hidden coves and encountering marine life including seals, dolphins, and sharks.

Sailing remains a quintessential Newquay experience, with boats setting out between May and September to provide stunning perspectives of the coastline.

A highlight of the waterfront is The Boathouse, a vibrant street food market and bar situated directly on the beach. Here, local traders serve fresh Cornish seafood alongside global culinary offerings. Visitors can enjoy everything

Newquay sea SAFARI's



from local delicacies to international cuisine, accompanied by Cornish beverages, cocktails, and artisan coffee.

Newquay's harbour stands as a testament to the town's adaptive spirit—a place where history, culture, and contemporary life merge.



What lurks below...

Here in Newquay we are extremely lucky to have an exciting array of marine wildlife that you might be able to see throughout the year. There really are no set rules as to when they are here, being wild animals and especially as we are experiencing so much climate change at the moment, but we have been talking to our good friends over at Newquay Sea Safari's and they have put together a little guide of what we "might" be able to see and what time of year.



WHAT CAN I SEE:

All year

- Common Dolphins
- Harbour Porpoise
- Inshore Celtic Bottlenose Dolphins
- Grey Seals

May-Oct

- Sunfish
- Basking Shark
- Blue Sharks
- Blue Fin Tuna
- Whales

THRILL SEEKERS Paradise



Coasteering

Coasteering represents the pinnacle of extreme adventure sports. This heart-stopping activity involves scrambling across rugged rock formations, scaling cliff faces, and dramatically leaping into the Atlantic Ocean. Participants discover hidden caves, encounter marine life, and experience Cornwall's dramatic coastline from an entirely unprecedented perspective. Qualified instructors ensure safety while providing equipment, transforming a potentially dangerous activity into a controlled yet wild adventure.

Newquay is renowned as a surfing destination, but its array of adrenaline-pumping activities extends far beyond riding waves. For adventurers seeking heart-racing experiences, this Cornish coastal town offers an exhilarating playground of excitement.

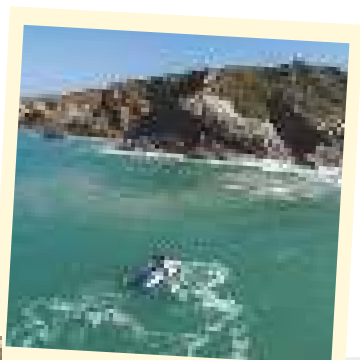
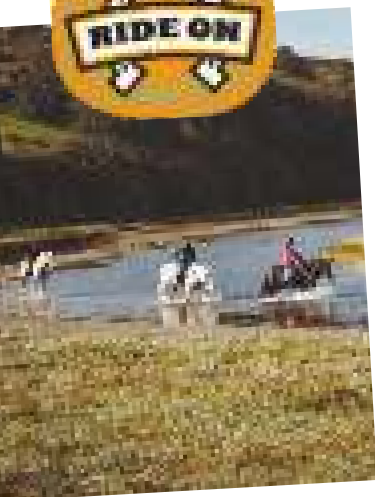


Jet Ski

Jet ski enthusiasts can explore the coastline with explosive energy, skimming across the ocean and creating dramatic spray while observing local wildlife. Companies like Cornwall Waverunner Safaris provide structured coastal journeys, guiding participants along 15-20 miles of stunning maritime terrain.

horse riding

Horseback riding presents another unique adventure, allowing first-time riders to trot along picturesque beaches. The combination of majestic animals and breathtaking coastal landscapes creates an unforgettable experience, with the sea breeze whipping through your hair as you explore the shoreline.



WAVERUNNER
- SAFARIS -

Surfing

Surfing remains Newquay's quintessential attraction. As the United Kingdom's surfing capital, the town offers numerous opportunities for novices and experienced surfers alike. Surf schools such as The Escape Surf School provide comprehensive training, enabling visitors to learn and refine their skills while immersing themselves in the vibrant surfing community.



ESCAPE
SURF SCHOOL

Hangooe

For the most extreme adrenaline seekers, Hangloose Adventure at the Eden Project offers unparalleled experiences. Their signature attraction, BIG AIR, provides the world's first commercial freefall onto an airbag. Participants climb two levels of platforms at extraordinary heights, experiencing a nail-biting descent with no ropes or safety mechanisms—just pure, heart-stopping freefall.

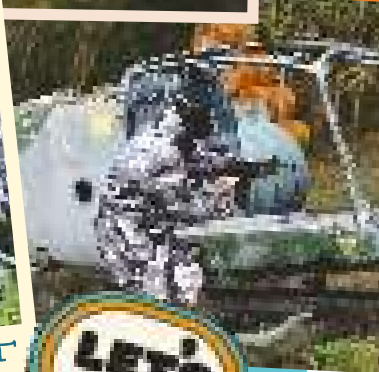


PAINTBALL

Paintball enthusiasts will find their ultimate battleground at On Target Games. Situated in the rugged Cornish countryside, this outdoor arena transforms the landscape into an epic combat zone. Professionally designed combat areas with strategic structures and challenging terrain test players' individual skills and team tactics, creating an immersive and thrilling experience.

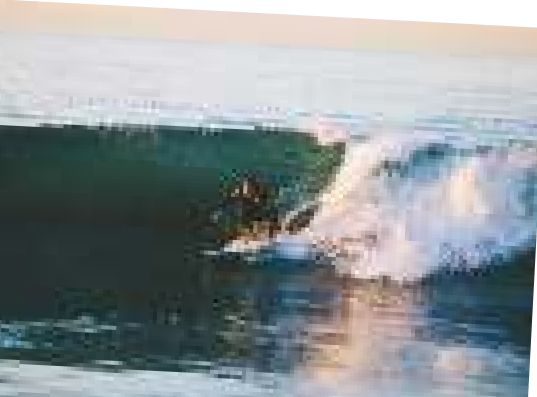


ON TARGET
- GAMES -



DISCOVER

From ocean adventures to countryside battlegrounds, Newquay offers an incredible range of experiences for those who crave excitement. Whether you're a water sports enthusiast, an adventure sport lover, or simply seeking to push your personal boundaries, this Cornish destination promises unforgettable thrills that will leave you breathless and exhilarated.



CONCRETE WAVES

Newquay's skateboarding landscape has been revolutionised with the introduction of Concrete Waves™, a world-class skatepark. This dynamic venue offers an inclusive space for skaters, BMX riders, and rollerbladers of all skill levels, inviting both experienced athletes and curious newcomers to experience the thrill of wheeled sports.

The park represents a thoughtful fusion of design and community needs, crafted by experienced designers who understand the nuanced requirements of Cornwall's wheeled sports enthusiasts. Its innovative layout welcomes both local residents and international visitors, creating a versatile and welcoming environment that celebrates athletic creativity and skill.

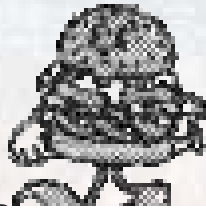
Designed with meticulous attention to safety and performance, Concrete Waves™ features four distinct areas that cater to diverse riding styles and abilities. Riders can

navigate a retro-style pool, challenge themselves on an expansive street run, test their skills on a comprehensive stair set, and push their limits in an internationally significant bowl. The park's carefully considered design ensures that whether you're a professional athlete or a first-time rider, there's something exciting and accessible for everyone.

Best of all, Concrete Waves™ is completely free and open to all ages, making it a remarkable community resource. Visitors can participate actively or simply enjoy watching the incredible talent on display. Families, friends,

and sports enthusiasts are invited to explore this remarkable facility, experience the energy of wheeled sports, and create lasting memories in Newquay's premier skateboarding destination.





B U R G E R

**PROPER
CHEESEBURGERS**

FRIES

MILKSHAKES

**SOFT SERVE ICE
CREAM**

BEERS

**DINE-
IN/CLICK&COLLECT**

7 DAYS A WEEK

49 Fore St. Newquay TR7 1HD



**AMERICAN-ITALIAN
PLATES**

COCKTAILS

LOCAL BEERS

**HANDPICKED
WINES**

TAKEAWAY PIZZA

ICE CREAM

**18 HOLE MINI GOLF
COURSE**

11 Tower Road, Newquay TR7 1LS

TASTE

yes
'CHEF

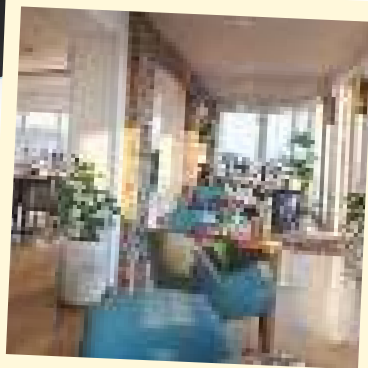


WHERE LAND MEETS THE SEA

A coastal escape on the edge, nestled among the craggy cliffs of Pentire Headland, where land meets the sea. Enjoy brasserie favourites at the Lewinnick Lodge while being captivated by the panoramic coastal views of the

Atlantic Ocean. Dine on fresh seafood and signature dishes made with the best Cornish ingredients and paired perfectly with fine wines, locally brewed ales, and cocktail classics. Open for breakfast, lunch, and dinner from 8am.

Lewinnick Lodge
www.lewinnicklodge.co.uk
01637 878117
Pentire headland, Newquay
TR7 1DD



LEWINNICK
- LODGE -





HARBOUR
FISH & GRILL



Clifftop Culinary Bliss

Built into the cliff directly overlooking the Harbour, The Restaurant, Conservatory and Terrace has superb views over seven of Newquay's finest beaches and the menu is filled with freshly sourced produce from the sea. With stunning food, beautiful views and Award Winning Executive Head Chef

Aaron Janes - it's no wonder that they've been regularly featured in local, national and international media outlets.

The Harbour Fish & Grill
www.theharbourfishandgrill.com
 01637 873040
 North Quay Hill, Newquay TR7 1HF



Savour Coastal Flavours

Just off the iconic Fistral Beach, the adult-only, 2 AA Rosette Dune Restaurant is among Newquay's finest dining spots, offering breath-taking views of Cornwall's coastline and world-class surf. With a seasonally changing menu inspired by the sea, Dune showcases fresh, locally sourced ingredients paired with an excellent wine list. Dune's passion, skill, and dedication creates a dining experience that reflects its relaxed, oceanside ambiance.

Whether visiting for dinner or staying overnight, the stunning seascapes enhance the experience of savouring locally landed fare.

Fistral Beach Hotel

www.fistralbeachhotel.co.uk/eat-drink/dune-restaurant
 01637 852221



TASTE



COLONIAL
Restaurant



Beachside Paradise

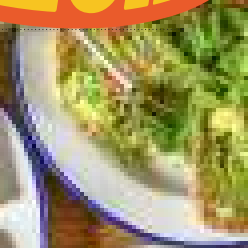
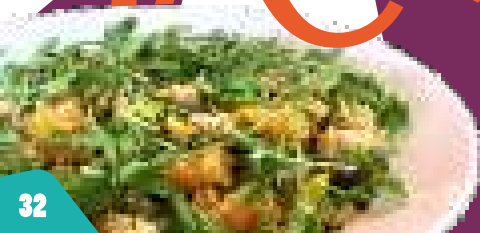
Situated on Tolcarne Beach, Newquay's hidden gem. The Colonial Restaurant serves breakfast, lunch and dinner throughout the week prepared in our open pass kitchen our menu offers fresh succulent seafood, tantalizing meats and appetizing vegetarian dishes all the while spending the day enjoying a beautiful beverage prepared by the friendly and accommodating staff. Enjoy the atmosphere in our warm and inviting interior lounging with gorgeous sea views giving the style of a dream Barbados getaway by day or night.



Colonial Restaurant
www.tolcarnebeach.co.uk
01637 872489 | Tolcarne Beach,
Newquay TR7 2QN

FRESH

TASTE



Sip & Savour

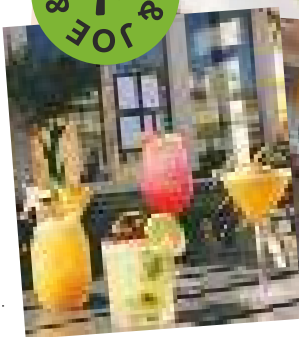
Situated in the heart of Newquay, Ginger & Joe is an independent, vibrant bar and restaurant that will transport you straight to Bali with its surf interior, tropical plants and laid back atmosphere. The venue offers a variety of seasonal food focusing on fresh, locally sourced ingredients. In house crafted cocktails that are sure to keep you coming back for more, coconut & lychee margaritas all round please! A firm favourite for both locals and visitors to enjoy quality food in a relaxed welcoming environment.

Open all year round, 7 days a week offering breakfast, lunch and dinner: four legged friends welcome in the bar area. We look forward to welcoming you soon!

Ginger & Joe

www.gingerandjoe.co.uk | 01637 623677

42 East St, Newquay TR7 1BE



Coast Dining

Serving up a smorgasbord of seaside signatures, small plates and more in a relaxed mid-century modern coastal setting that is, Porth Beach Hotel, with Beach view Bar, Restaurant and Terrace.

Open to non-residents, the bright and airy restaurant offers a relaxed dining space with floor to ceiling glass giving way to stunning views of Porth Beach. Enjoy pre-dinner cocktails on the outdoor heated terrace - the fully-stocked bar boasts a comprehensive wine list, plenty of local spirits, and local guest ales, lagers and cider too.

Expect favourites such as a mixed seafood platter, paella, ale-battered catch of the day, mousles, mac n cheese, wagyu beefburgers and more, all rustled up by Anj the owner and her super-friendly team. Bookings via opentable.co.uk

Porth Beach Hotel and Restaurant

www.porthbeachhotel.co.uk | 01637 838225

Porth Beach Hotel, Alexandra Road TR7 3NB

**Porth
Beach
HOTEL**



Beach Vibes & Epic Eats

An ever-changing beach bar and restaurant, beautifully nestled in the heart of Watergate Bay.

At WAX, we're redefining dining out. With constantly evolving specialty menus—there's always something fresh and exciting to try.

Craving something different? Try our legendary Sunday roast wraps—a full roast packed into a giant Yorkshire pudding, the ultimate handheld feast perfect for a cozy winter beach stroll. Or sink your teeth into our

black-bunned burgers, a spooky Halloween favorite that's sure to impress.

But WAX is more than just incredible food.

From interactive darts and escape rooms to expertly crafted cocktails and mocktails, there's always fun in the air and something for everyone.



WAX Watergate
www.waxwatergate.co.uk
 01637 860353
 Watergate Bay TR8 4AB

BEACH MEETS STREET

Street Food on the Beach, is a relaxed street food market and bar located on the beach in Newquay Harbour. Home to a gathering of local street food traders serving up fresh Cornish seafood and a varied selection of global fare, they also offer a delicious choice of sweet treats, barista coffees and artisan cocktails. The bar serves a menu of Cornish lager, cider and ale, an exciting wine list, local spirits plus refreshing chilled soft drinks.

Open 7 days a week 9am – 10pm from April to September, reduced seasonal opening hours during Autumn/Winter. No booking required, just head down to Newquay Harbour for great food, great vibes and amazing views.

The Boathouse

www.streetfoodonthebeach.co.uk

NQY Harbour, South Quay Hill, Newquay TR7 1HT



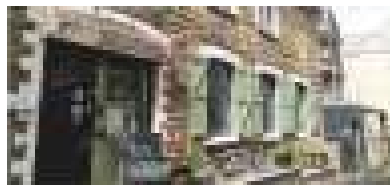
Sprout Health Foods

Store & Coffee Shop

The Old Printhouse, Crescent Lane, TR7 1FZ

01637 875845 @sprouthealthfoods

www.sprouthealth.co.uk



**WAVE
HOUSE**



FAMILY-FRIENDLY HANGOUT

A not-for-profit cafe hidden in a beautiful heritage church, with a mission to cater for people from all walks of life, build community, and inspire meaningful connection around the table.

With a seasonally designed menu, Wave House welcomes creative in-house recipes, a large selection of locally baked goods and exceptional specialty coffee.

Whether you're after fresh exotic salads or a traditional homemade Cornish cream tea, enjoy it all in a peaceful atmosphere served by friendly staff and volunteers.

The vibrant greenery, rustic surfy interior, table tennis and free skate-ramp are all additional quirks that make this family-friendly hangout spot one to remember.

Wave House Cafe

www.wavehouse.org.uk

Wave House Church, East Street, TR7 1BH

Scrumptious.

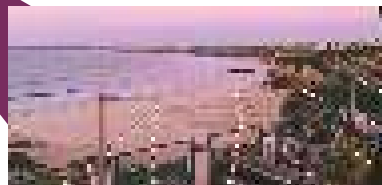
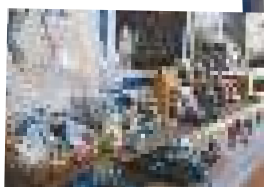
A family owned and run coffee shop/deli a stone's throw from Fistral Beach and Newquay Harbour.

We serve scrumptious, freshly prepared to order, baguettes, paninis and jacket potatoes. Delicious home-made cakes and bakes and 'the best coffee in Newquay' (so we are frequently told!!). Cornish goodies section, gift hampers and local crafts. Please come on in... or sit outside and enjoy the beautiful view across the bay.

We're dog, mermaid and wetsuit friendly, offer free wifi, and have gluten-free and vegan options.

Baggiebette

1 Tower Rd, Newquay TR7 1LR



Belushi's Newquay

Chilling, fun, friendly bar & lounge

Real Pizzas, Great Cornish Entertainment, Happy Hour and much more!

20 New Street, TR7 1BH, Newquay, Cornwall, PL20 9AA

Phone: 01752 810077 Email: info@belushis.co.uk Website: www.belushis.co.uk



RICK STEIN

FISTRAL

Overlooking Fistril Beach, our relaxed restaurant and takeaway brings together the freshest local seafood and flavours inspired by Rick's travels. Perfect post beach or surf fayre to enjoy with a view.

No need to book, just join us at the beach.

Fish & Chips | Asian Dishes | Dog Friendly | Sea View | Ice Cream | Terrace



Fistril Beach, Newquay | rickstein.com



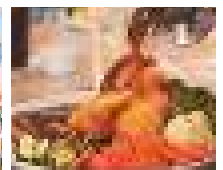
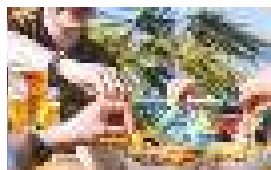
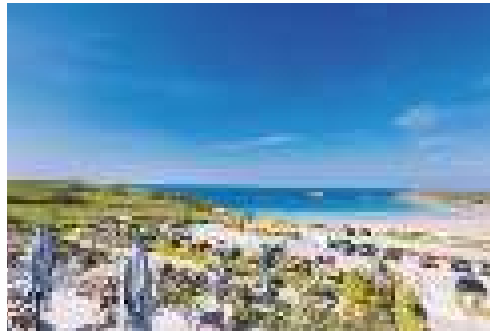
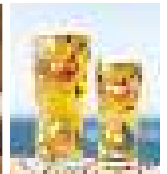
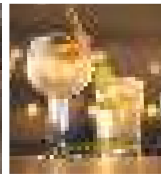
**The Pub with breathtaking
views over Crantock beach!**

*No queues and
unbeatable views!*



Cash-free service

www.bowgie.com | TR8 5SE | Tel: 01637 830363



PUB WITH A View

'Bowgie' Inn, which is Cornish for 'cowshed', is one of Cornwall's most well-known and beloved pubs. Just a short drive from Newquay, perched on the West Pentire Headland, Bowgie Inn has one of the best beer gardens in the UK, overlooking the vast golden sands of Crantock Beach and a short walk from Polly Joke Beach. Bowgie has an incredible refurbished interior, a beautiful terrace and beer garden, as well as a 2 pool tables, booth seating and of course, famous panoramic views.

Whether you want to warm up with a coffee after a bracing walk, catch some rays on the terrace with a glass of wine, refuel with a traditional Sunday roast or Cornish gin from a huge selection - you will always be guaranteed a friendly Cornish welcome. The



BOWGIE INN

Good Times

laid-back, fun atmosphere alongside the great food, drink and service will have you returning again and again.

We might be biased, but Bowgie Inn really is in the best location with views of Crantock Beach, the stunning Gannel estuary, East Pentire headland and beyond - up the North Coast as far as Trevoose Lighthouse. With the South West Coast Path running right past the

doorstep - Bowgie makes the perfect start, mid point or end to your Cornish adventures. For no queues and unbeatable views, choose Bowgie Inn!



NEWQUAY BEER FESTIVAL



**Raise a Glass to Good Times and Great Music
at Newquay Beer Festival 2026!**

Newquay Towan Blystra Lions Club Welcomes Festival-Goers for Charity-Focused Weekend of Music, Beer, and Fun. Get ready for three days of incredible music, exceptional drinks, and community spirit as the Newquay Beer Festival returns to Hendra Holiday Park in September 2026. Hosted by Newquay Towan Blystra Lions Club (Regd Charity 1187464), the festival has raised well over £100,000 for local causes since it began in 2013.

The festival promises unforgettable performances to accompany a huge range of brews, spirits, and great food.



SEPT 18th-20th 2026

**GOOD
VIBES
ONLY**

JOIN the FUN IN 2026!





A Festival for all Tastes

This year's Newquay Beer Festival will showcase an extensive selection of cask and keg beers, ciders, gins, rums, and even low-alcohol and soft drink options, ensuring that there's something for everyone to enjoy. With a focus on quality and variety, the festival brings together some of the best local and national beverages in a welcoming atmosphere perfect for both avid connoisseurs and casual tasters alike.

Alongside the incredible drinks, there's great food on hand, ensuring that festival-goers have plenty of fuel to enjoy the three-day experience. Whether you're here for the brews, the music, the food or the cause, Newquay Beer Festival is sure to deliver a fantastic time.

Book your stay At Hendra

Held at Hendra Holiday Park, the festival offers fantastic rates for those looking to make a holiday of it, with excellent accommodation opportunities ranging from camping pitches through to static caravans and chalets right on site. Why not make it a weekend or even a longer getaway? For local attendees, it's the perfect opportunity to leave the car behind and fully enjoy the festivities.

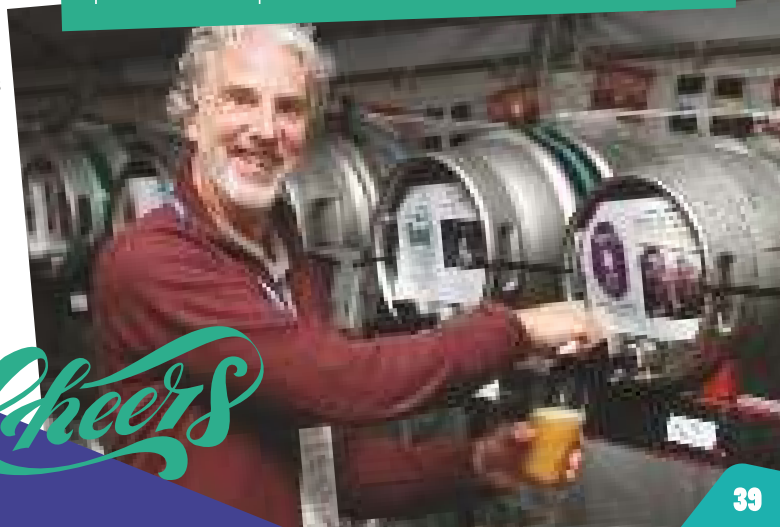


BOOK YOUR TICKETS NOW

Book your tickets now at www.newquaybeerfestival.co.uk and join us for a weekend of unforgettable fun and charity. Look out for our special EARLYBIRD prices!

Lions Club

Newquay Towan Blystra Lions Club is part of the global Lions Intentional family that has around 14 million members in over 48,000 clubs across more than 200 countries.

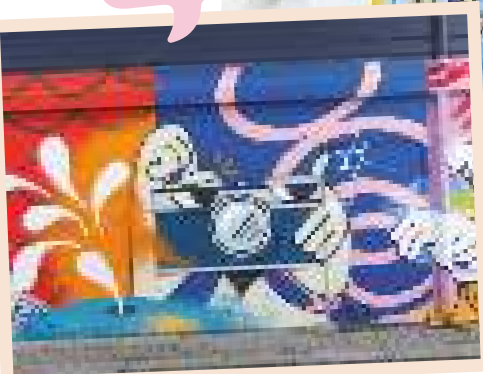


Cheers

MUQY

MURALS OF NEWQUAY





Explore the vibrant world of street art right in the heart of our unique town! Discover MUQY, a free walking trail around the town centre and uncover stunning pockets of creativity.

Produced by Slapdash Studio, the first stage of MUQY includes three unique murals by renowned artists, Kleiner Shames, Elle Koziupa, and 45 RPM. Each has brought their own distinct style to Newquay via three impactful murals across the town centre. These artworks celebrate Newquay's heritage and vibrant culture in distinct ways, and all three are connected as part of a free Street Art walking trail that is hosted on Love Newquay's website. Take the free walking tour and discover these large-scale murals:

www.lovenqy.co.uk/explore/MUQY

Slapdash Studio and Newquay BID have exciting plans to develop MUQY further with more murals set to grace the town. More detail on this will be revealed in the near future.



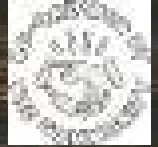
MUQY stage one was commissioned by Cornwall Council led-project 'Experience Newquay' in collaboration with local project partners Love Newquay and Visit Newquay. It is part-funded by the UK Government through the UK Shared Prosperity Fund.





5 ways to love and protect our town

Here are five positive actions you can take to help protect Newquay's wonderful landscapes and town for the future. Co-created by the local Newquay community, the Be Newquay guide helps embrace all the things that make Newquay special.



Be windswept and wild

Surrounded by surf, sand and winding coastal paths, Newquay's wild beauty finds a place in your soul. Spend time in the natural world and enjoy the beaches, swimming, hiking and coasteering. We ask only that you leave nature as you find it, unharmed and beautiful for when you return.



Be creatively curious

Explore our heritage and share Newquay's creative spirit. From indoor art classes, workshops and spoken word nights to live performances on the beach, be curious and get stuck in while you're here.



Be kind and considerate

We invite and welcome kindness from each other and our guests towards our extraordinary people and places, our beaches, our heritage and the natural world. Be mindful of those around you – the people at work in the harbour, the brave RNLI crews and the wildlife you spot around Newquay's cherished countryside and coastline.



Be part of our world

When you stay in Newquay, you become part of the fabric of our town. You don't need to travel far to have a great time. Ensure your visit supports our businesses and communities by buying local and sharing what we offer.



Be a positive force

We love people visiting Newquay and the positive energy they bring to our town – even more so when they consider their carbon footprint. If you're keen to reduce your impact, try arriving by train and using the electric Beryl Bikes to explore. Revel in finding secret spots on foot or exploring further by bus. Breathe in a spectacular view, find your peace and just be.

Most of all, be yourself. We're so glad you're here.

To find out more about the activities and experiences you can get involved in during your visit, head to www.visitnewquay.org and www.lovenqy.co.uk

This is brought to you by Experience Newquay - a project from Cornwall Council working in collaboration with Love Newquay, Visit Newquay and Visit Cornwall. This project is being part-funded by the UK Government through the UK Shared Prosperity Fund.

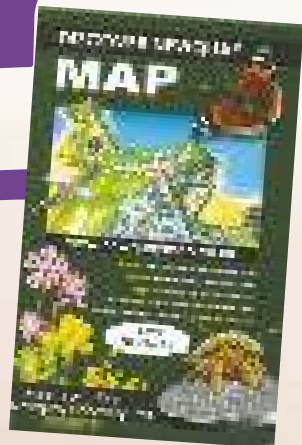


DISCOVERY TRAIL

Unlock the secrets of Newquay's past with the Newquay Discovery Trail Map. Recently revised and reprinted the map has been updated with newly discovered information

enjoyable and informative walks around the town and also a great keepsake of your visit.

The map features the two walks, 'Hetty' and 'Ada' that make up the entire Discovery Trail. The 'Hetty', yellow on the map, takes a mostly coastal route including the beautiful Harbour, the 'House on the Island' and Fistral Beach. The 'Ada', pink on the map, takes in some of the coast but then moves inland passing through the Trenance Leisure Park, Gardens & Boating Lake and near popular Newquay attractions including the Zoo, Newquay Leisure Centre



and the Heron Tennis Centre.

Walking the Newquay Discovery Trails you will find slate discs, about a metre (1yard) in diameter, embedded in the ground at key places of interest. Each slate circle is numbered and these link in with the map with fascinating facts about your location, whilst taking in some spectacular views - a great way to enjoy a tour of Newquay without a car.



GANNEL
- ESTUARY -

GET YOUR COPY

To get your copy of the Newquay Discovery Trail Map visit the Information Centre, Newquay



TRENACE COTTAGES



Trenance Cottages offers a captivating glimpse into Old Newquay, presenting a unique trio of beautifully renovated, Grade II-listed Cornish cottages that stand as the only pre-railway age dwellings open to the public in Cornwall. Nestled within the tranquil and award-winning Trenance Gardens, these historic homes have been meticulously preserved and protected by dedicated volunteers committed to saving a remarkable piece of local heritage.

Located a short walk from the River Gannel and the Rose Garden, the cottages - Vine, Middle, and Rose - provide visitors with an immersive journey through Newquay's rich past. Built on the site of an old malthouse, these dwellings now serve as a fascinating museum that transports guests to a bygone era, offering profound insights into the lives of Cornish

ancestors.

The museum's exhibits explore diverse narratives, from the experiences of a local lifeboat coxswain to those of a wartime evacuee. Visitors can engage with an impressive collection of artefacts from the 1900s, listen to recordings of Newquay residents, and even play a beautifully

restored pianola. The displays not only chronicle individual family histories but also celebrate the town's tourism development and the ongoing work of the Trenance Cottages Newquay charity.

Before departing, visitors can explore the unique gift shop and stop at The Garden tearoom to enjoy a traditional Cornish cream tea. This delightful conclusion provides the perfect opportunity to recharge before continuing to explore the scenic Trenance Valley.



Tasty



HISTORY OF NEWQUAY

1439 2024



© Paul David Smith

The Huer's Hut

One little clifftop dwelling and the Huer's sole aim was to spot shoals of pilchards swimming into Newquay Bay. He would announce their arrival with a bellowing Huer's horn (over 3ft long) whilst calling out Hevva! Hevva! The fishermen on land would race to launch their fishing boats. Once salted and packed, these little fish were in demand for their long 'shelf' life and a mainstay of the Newquay, and Cornish economy for centuries.



The Gannel Estuary

Gannel Estuary once almost stole the limelight from the Harbour. In the past, it was dredged to a greater depth allowing larger Schooners and barges that could enter the harbour to be unloaded. Maintenance costs became a burden and now there is little to see of this past history.



© Paul David Smith

Island House

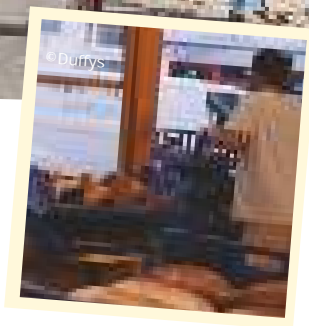
Jago's island. Originally home to just a potato patch and hen house the only access was a now disused steep path. Towan Blystra Manor Estate sold it in 1898. The new owners built a summer house and footbridge by 1905. Sold in 1906 and then used as a seasonal tearoom. Then sold again and the new owner built a permanent dwelling by 1910. Residents have included an inventor and a Lord but it is now holiday accommodation.

Lifeboats

The sea made Newquay what it is but whilst it may give plenty, it can take away. Newquay has a long history with the first point of rescue. Developed from privately owned rowboats and pilot gigs of merciful individuals into the RNLI craft launched from Towan Head's Old Lifeboat Station, and now from the Harbour itself.



TOWAN HEAD



SHOP

Nestled along Cornwall's rugged coastline, Newquay offers more than just world-class waves and stunning beaches—it's a shopping destination that seamlessly blends local charm with contemporary retail experiences. The town's retail landscape reflects its vibrant character, where independent boutiques sit comfortably alongside familiar high street brands.

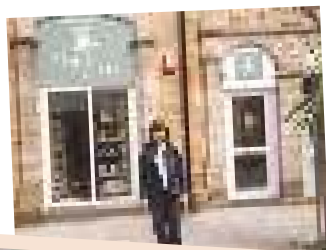
Fore Street and Bank Street form the heart of Newquay's shopping district, presenting a delightful mix of surf shops, artisan stores, and fashion

outlets. Local designers and craftspeople showcase unique Cornish products, from handmade jewellery to maritime-inspired home decor, providing visitors with authentic souvenirs that capture the town's spirit.

Surf culture dominates the retail scene, with numerous specialist stores offering cutting-edge equipment and clothing. Brands like Ann's Cottage and local surf shops provide not just gear, but a gateway into Newquay's renowned surfing community. Fashion-conscious travellers will discover trendy beachwear and lifestyle clothing that embodies the town's

relaxed coastal aesthetic.

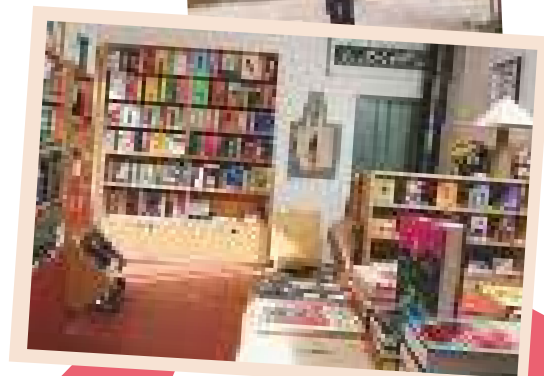
The town's markets and seasonal pop-up shops add another layer of shopping excitement, offering everything from fresh local produce to handcrafted artwork. These spaces provide a glimpse into Newquay's creative heart, supporting local entrepreneurs and offering visitors truly unique shopping experiences.



Clemo Books

Clemo Books is a proudly independent bookshop in Newquay, Cornwall. We stock new fiction, non-fiction, children's literature and lots of Cornish books. We started out as a pop-up bookshop and now have a permanent home on Bank Street in Newquay. We're curating books and creating community!

@clemobooks | www.clemobooks.co.uk





**CAROUSEL
& MUSEMENTS**

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Newquay

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THE HEART OF NEWQUAY Killacourt

In the vibrant coastal town of Newquay, a remarkable urban renaissance is unfolding at the Killacourt, a space that has transcended its traditional role to become a dynamic symbol of community vitality and innovative design.



By the Sea Jewellery

Unique Creations with Heart and Heritage. Meet Samuel, the artisan behind By the Sea Jewellery, a business born from a love of crafting with reclaimed sea glass and an eye for timeless design. Through dedication and self-teaching, Samuel has mastered the art of creating one-of-a-kind jewellery pieces that blend natural beauty with expert craftsmanship.

By the Sea Engagements, Samuel's signature line, uniquely combines diamonds with sea glass, offering truly personal engagement rings designed with care and precision. Samuel also provides a bespoke re-purposing service, transforming old precious metals into fresh, meaningful designs.

By the Sea Jewellery
Unit 2 Killacourt
www.bytheseajewellery.com



MOTHERSURF

Mothersurf is an eco-friendly surf and lifestyle brand, created to inspire and promote an eco-conscious lifestyle, offering a responsible alternative. The result is a carefully curated selection of high quality products that won't cost the Earth.

Mothersurf first opened its doors in Europe's World Surfing Reserve of Ericeira, Portugal in 2018. In 2024 it has found its new home in Newquay, as a concept store and surf cafe where it will continue to

make waves of change for a more sustainable future.

As a brand we produce high-quality, fair-trade, organic clothing for the whole family, screen printed by hand on site, using water-based inks. We champion the pioneering eco-brands that are changing our world for the better and leading an evolution in the surfing industry. Our cafe offers fair-trade organic coffee and comforting home-cooked food, with a view overlooking the bay.



Mothersurf
www.mothersurf.com
Instagram @mothersurf_co

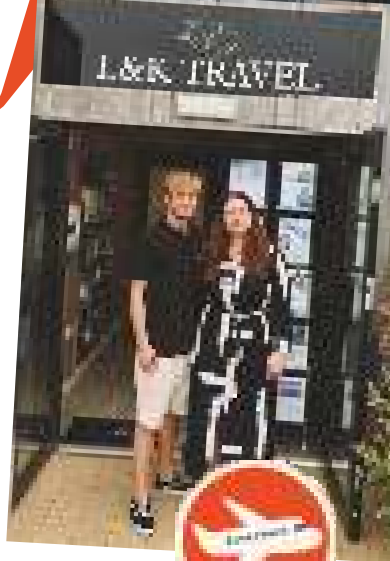
L&K TRAVEL

Experience personalised service and expert holiday planning with L&K Travel. Your ONLY local, family-run travel agency in Newquay. We are passionate about creating unforgettable experiences for our clients. Whether you're dreaming of a luxury break, an unforgettable family holiday or a relaxing cruise getaway, our team are here to make your travel dreams a reality. Get in touch with us

today & let's start crafting your perfect holiday. Travel your way. Financially Protected.

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01637 800 966



MUSH LOVE

We are a small family run sustainable, low-tech mushroom growing business. In 2021 we started growing the amazing Lions Mane mushroom amongst others such as Reishi, Turkey Tails, Pink & Yellow Oysters, King Oysters, Shiitake to name a few.

Our indoor farm is just outside Newquay and our mission is to give the public easy access to high quality, locally grown mushrooms, dried, powdered and extracted.

Mush love
www.mushlovecornwall.co.uk | @mushlovecornwall
Killcourt, Newquay TR7 1DT



Tea and Leaves

Tea & Leaves believes in more than just giving you tea and letting you leave; we believe tea can leave you with something more than what you came for!

All puns aside, we are a small, independent tea shop with a big imagination.

Our blends are always beyond basic, and we believe tea is a

feeling. With a focus on quality and sustainability, we only sell the best loose leaf with a vision of bringing back the classic cup of tea!

Packed and blended on the beautiful Cornish Coast, we have something for everyone and are here for you to enjoy time and time again.

Our leaves (houseplants) are rejuvenated, re-loved, or rescued; we don't buy in stock and prefer an ethos as heart-warming as



our teas. To reflect this, all of our packaging is as eco and friendly as we are.

Tea & Leaves
teaandleaves.co.uk
@teaandleavesny
Killcourt, Newquay TR7 1DT



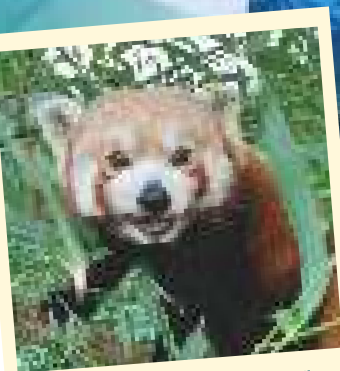
FAMILY Fun

Newquay offers an incredible array of family-friendly attractions perfect for creating lasting memories.

Family adventure

Experience roller coasters, water rides, animal encounters, and play areas. Explore farm animals, exotic species, and interactive exhibits, plus adventure playgrounds and kids' zones. Perfect for action-packed, educational fun blending wildlife discovery with unforgettable outdoor adventures. From train rides and aquatic adventures to animal encounters and outdoor activities.

Camel Creek



NEWQUAY
- ZOO -

CLOSE ENCOUNTERS

Newquay Zoo, a conservation charity, offers encounters with rare and endangered animals including sloths, penguins, zebras, and critically endangered species. The zoo provides two outdoor play areas and educational opportunities about wildlife preservation.

.....
Newquay Zoo



JUMP
JUMP
JUMP

FINDING NEMO

Nature and animal lovers will adore Blue Reef Aquarium. Blue Reef features over 40 naturally themed habitats showcasing diverse marine life, from seahorses and tropical sharks to giant octopuses. Visitors can walk through an underwater tunnel experiencing stunning marine views.

Blue Reef Aquarium



Nature lovers

The sanctuary offers close encounters with owls, showcasing their unique traits and role in ecosystems. Perfect for all ages, visitors enjoy engaging demos, conservation insights, and the chance to observe these nocturnal birds up close—ideal for nature lovers and family outings.

Screech Owl Sanctuary



SCREECH OWL
SANCTUARY

Splash in

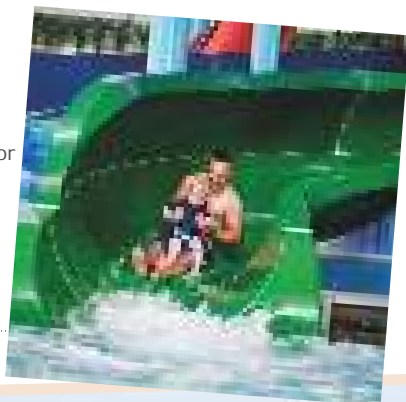
For water enthusiasts, Newquay's Oasis Fun Pools deliver thrilling aquatic experiences suitable for all ages. With two swimming pools, exciting water flumes, river rapid rides, water cannons, and playful fountains, families can enjoy splashing and sliding in a vibrant, entertaining environment.

Oasis Fun Pools

SURFS UP

Adventure seekers can learn surfing at The Escape Surf School, which offers coaching for all skill levels with experienced professional surfers. Operating year-round, they provide comprehensive surf lessons in the heart of UK surfing.

Escape Surf School



@mjforacomwall

all a board Lappa Valley



TICKETS
PLEASE

Step into a world of nostalgic charm at Cornwall's one-of-a-kind attraction, where steam train rides whisk you into a secret realm of family fun and adventure.

Kids will love the excitement of train and boat rides, exploring nature, and burning energy in our outdoor spaces. Indoors, The Engine Shed offers a multi-level soft play area and a cosy café serving delicious home-cooked meals.

With three railways, a 12-hole adventure golf course, frisbee golf, pedalo swans, trampolines, woodland walks, and outdoor play areas, there's something for everyone. Nestled

in a conservation haven, our attraction is home to thriving wildlife, making it as relaxing as it is entertaining.

We're fully accessible, with wheelchair-friendly facilities and a full-size Changing Places toilet, ensuring everyone can join in the fun - including your dogs.

Open year-round, we host special events like fireworks and Father Christmas experiences, as well as birthday parties in our dedicated party room.



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PLEASE NOTE NOT ALL ACTIVITIES ARE AVAILABLE DURING WINTER OPENING PERIOD

VISIT NEWQUAY'S LOCAL AQUARIUM



**OPEN FROM 10AM
TICKETS VALID
ALL DAY**

Columbus

www.visitnewquay.co.uk/aquarium

jiUMP

If you're looking for a day out that the whole family will enjoy, be sure to visit Newquay Leisure World. We are one of Cornwall's action packed, unmissable fun days out located just a short walk from Newquay town centre. With a trampoline park filled with features, a giant soft play, a leisure pool with slides, and an onsite café, make sure you add Newquay Leisure World to your must do list of things to do. We are here, whatever the weather.

Our feature rich Trampoline Park is not only equipped with plenty of high bouncing trampoline beds but also has a unique range of interactive

games and activities that really add to the fun. Challenge yourself in one of our reaction pods or if you fancy some friendly competition then look no further than our timed obstacle course with a chance to climb, slide and race to hit the timer at the end. For the real dare devils with a head for heights there's always the dive tower to test your nerve!

Located alongside the trampoline park and for the younger members of the family we have a monster

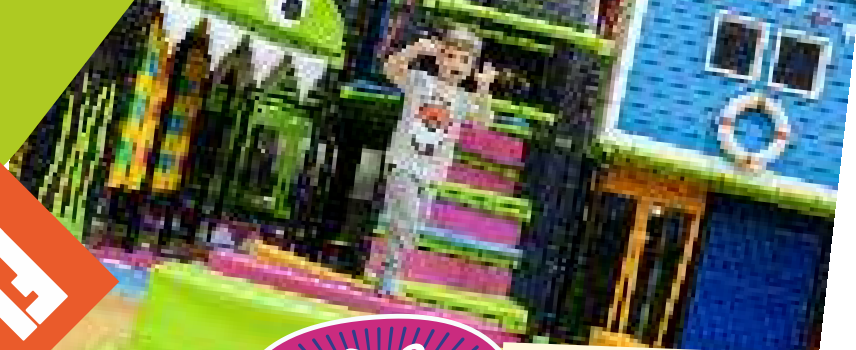
themed soft play which is jam packed with fun things to do and explore. With a tree house, slides, balance beams, mini trampolines, crawl tubes and baby area you will be guaranteed to create both smiles and memories with the little people in your life.

What's more, we also have an onsite Café serving up some light refreshments so you can keep the energy levels high or simply enjoy some time to relax whilst the kids get active. Choose from hot and cold drinks, light bites and a tasty range of Cornish ice creams.

To complete your day of excitement, you'll be able to take the plunge in our leisure pool. With slides and an array of fun water features it's a great space to splash and have fun together.

Should you wish to keep





up your fitness regime whilst visiting Newquay we recommend you take out a short term membership with us . We have a well equipped gym, fantastic range of classes, an outdoor functional fitness area and 25 metre fitness pool. For more information on our memberships please visit www.better.org.uk join-membership

So, if you are visiting Cornwall or are a local wanting to have a great day out, don't miss out on what will be one of the best days of the year. Book today to avoid disappointment by downloading the Better app or visit www.better.org.uk/newquay



and if you have any pre visit enquiries please drop us an email newquayleisureworld@gll.org

MORE WAYS TO PLAY IN NEWQUAY

NEWQUAY LEISURE WORLD

Whether it's with an alone or with family, there's a world of fun for all ages at Newquay Leisure World.

Book now at better.org.uk/newquay or use the Better app



BETTER

STAY

Newquay offers a wide range of diverse accommodations to suit every traveller's taste and preference.



Stay

For the full range of accommodation options and to book your stay, visit www.visitnewquay.org



Bed and Breakfast

These small, family-run businesses offer friendly service and a personal touch to make your stay memorable. Some boutique bed and breakfasts add a touch of chic.

CAMPSITES & HOLIDAY PARKS

Families and adventure seekers will find plenty of options. Larger parks boast extensive amenities including children's entertainment, clubhouses, daytime activities, and swimming pools. Quieter campsites offer the perfect opportunity to create your own family adventure with many offering "glamping" options.

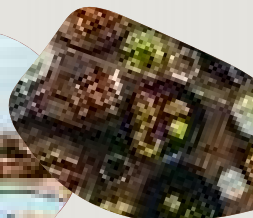
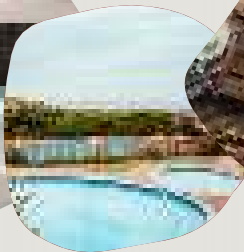
HOTELS

Predominantly situated by the beaches, offering breathtaking sea views that cater to singles, couples, and families alike, with an option for every budget.

Self-Catering

From holiday cottages to luxury apartments with sea-facing balconies and sunbathing areas are commonplace. Or escape the beach, with the countryside just five minutes away offering working farms and traditional cottages that provide a completely different holiday experience.

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BEACH RETREATS



Choose from 250 self-catering properties in Newquay and beyond, each located within walking distance to a Cornish beach.

beachretreats.co.uk

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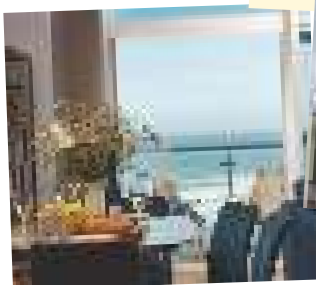
@beachretreats

Your Perfect Stay Awaits

Are you looking for an exceptional self-catering holiday in Newquay? Luxury Coastal offers unforgettable experiences and a collection of fabulous coastal holiday homes that showcase the very best of Cornwall.

handpicked Properties For Every Occasion

Our Newquay properties come in all shapes and sizes. Our luxury apartments take in stunning sea views, while our family homes have spacious gardens, barbecues, and easy access to the beach. Our dog-friendly properties make your canines feel as at home as their humans.



Why Newquay?

Known as the UK's surfing capital, it's a haven for water sports enthusiasts, with Fistral Beach offering world-class waves and surf schools. Prefer a slower pace? Stroll the picturesque South West Coast Path with your canine companion or explore tidal pools with little ones.

YOUR DREAM HOLIDAY

At Luxury Coastal, we believe every holiday should feel extraordinary. That's why we go beyond simply providing exceptional properties. As locals to Devon and Cornwall, our insider tips and local knowledge means we'll suggest the best places to visit, eat out and explore, helping you make the most of your Newquay getaway.



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0330 113 7005

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**Hotels & Guest
Accommodation**

Self-Catering

**Holiday Parks
& Camping**



**Bee & Bee
Newquay**

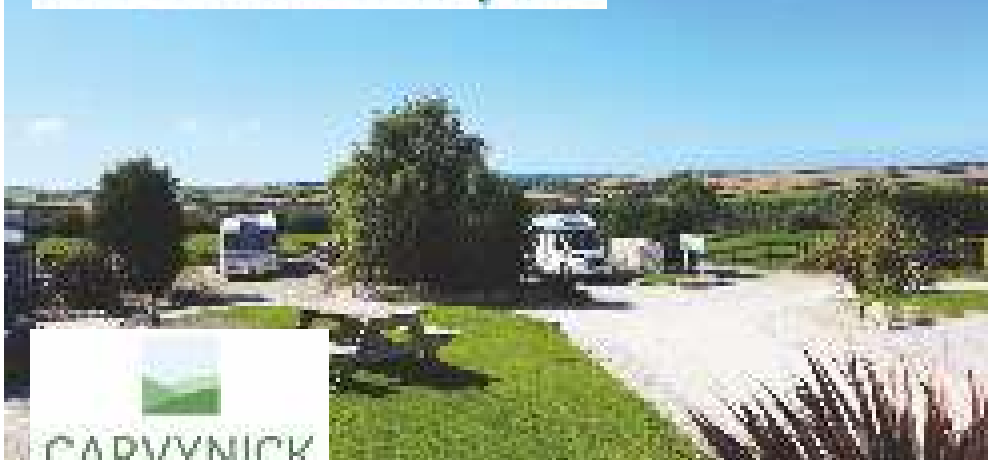
01637 875871

59 Crantock Street, Newquay, TR7 1JL
info@beeandbee-newquay.co.uk
beeandbee-newquay.co.uk



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EXPLORE More



Newquay or ~~~~~
~~~~~ Portugal?

Welcome on board to Cornwall Airport Newquay – whether you're touching down to explore Cornwall's stunning coastline, charming villages, and rich heritage, or jetting off for exciting adventures across the UK, Europe, and beyond, we're here to make your journey memorable.

## The Gateway

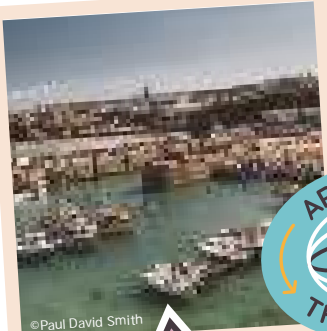
As one of Cornwall's primary travel hubs, we're dedicated to providing the first taste of Cornwall for visitors from all over the world. With recent upgrades and a rebrand that honours our region's distinct heritage and identity, we're here to make every arrival and departure as meaningful and memorable as the county itself.

## Where we fly

Whether you fancy the Scottish Highlands or some Spanish sunshine, Swiss Alps cool or a corporate trip to the Capital, our routes open up a world of travel possibilities. Cornwall Airport Newquay offers direct flights to popular destinations, including bustling UK cities like Glasgow and Manchester, relaxing beach escapes to the likes of Alicante or Faro, or spring shopping sprees in NYC, via the Emerald Isle, with our connecting flights to the Big Apple.

## Serving the Local Community

Cornwall Airport Newquay is setting the standard for regional airports with upgraded facilities, expanded retail spaces, and a focus on accessibility. Proudly rated "Very Good" in the UK Civil Aviation Authority's 2024 Accessibility Report, we're dedicated to supporting every passenger. By partnering with local businesses, we fuel Cornwall's economy while celebrating its unique spirit. Whether travelling or working with us, Cornwall Airport Newquay ensures comfort, convenience, and community at every step.



©Paul David Smith



# Scenic JOURNEYS

Newquay station is conveniently located in the heart of the town, making it a great starting point for scenic rail journeys across Cornwall.

Departing from Newquay, the train crosses Goss Moor and onwards through the beautiful Luxulyan Valley. Get off at Luxulyan station to explore the wooded valley and its mining heritage, or to enjoy a walk to the Eden Project (3 miles).

The Newquay branch line brings you to Par station on the Cornish main line. Change here and head west to visit St Ives, Truro or Falmouth, or east to Looe, Plymouth or on into Devon. Particular highlights include:

## Looe Valley

The branch line to Looe is full of beautiful views out of the train window. The wooded valley teeming with wildlife opens up to glorious estuary views as the river meets the sea. Bird watchers will love this line as, especially at low tide, the river is full of wading birds such as Little Egrets, Grey Herons, Oystercatchers and Curlews. Once in Looe, there's plenty to explore from the harbour to the safe beaches, the excellent restaurants to the maze of narrow streets full of lovely independent shops and pubs.

## St Ives Bay Line

The journey as you arrive into St Ives is one of the most scenic in Britain. The train sweeps along the coast past the golden sands of Hayle Towns and Carbis Bay before arriving at St Ives station, right next to the gorgeous Porthminster Beach, just a few minutes' walk from town. Once you've hit the beach, explore the harbour or wander the shops and art galleries.



LIFE  
IS  
good

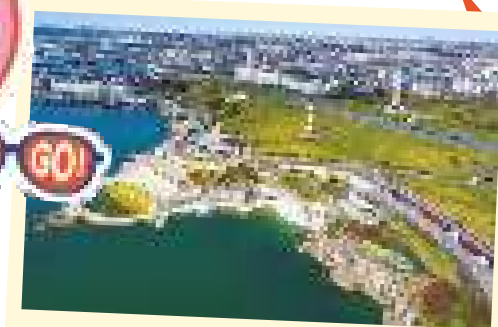
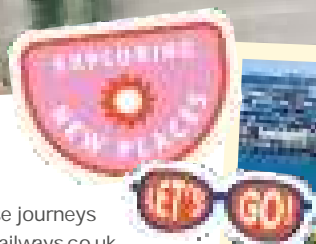


## Plymouth

Visit the city's historic waterfront. On the Hoe, admire the iconic Smeaton's Tower lighthouse and imagine Francis Drake taking in the same views of Plymouth Sound as he looked out on the Armada. Take a dip in the Tinside Lido, explore the National Marine Aquarium or take a tour of the Plymouth Gin Distillery.

### discover

Find out more about all of these journeys and more at [www.greatscenicrailways.co.uk](http://www.greatscenicrailways.co.uk). Look up train times and buy tickets at [www.gwr.com](http://www.gwr.com), on the GWR app, or by calling 03457 000 125.



**MORE  
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TRAINS**

COMING  
SOON

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[midcornwallmetro.com](http://midcornwallmetro.com)

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# VISIT NEWQUAY

## directory

|                           |                                                   |                                                   |               |
|---------------------------|---------------------------------------------------|---------------------------------------------------|---------------|
| HOTELS                    | Esplanade Hotel                                   | Esplanade Rd, Newquay, TR7 1PS                    | 01637 873333  |
|                           | Fistral Beach Hotel                               | Esplanade Rd, Newquay, TR7 1PT                    | 01637 852221  |
|                           | Lewinnick Lodge                                   | Pentire headland, Newquay, TR7 10D                | 01637 878117  |
|                           | Seaspace Aparthotel                               | Watergate Rd, Porth, Newquay, TR7 3LX             | 01637 872864  |
| GUEST<br>ACCOMMODATION    | Bee and Bee Guest<br>Accommodation                | 59 Crantock Street, Newquay, TR7 1UL              | 01637 875871  |
|                           | Breakers Guest House                              | 12 Atlantic Rd, Newquay, TR7 1QJ                  | 0781 4443670  |
| SELF-CATERING             | Cornwall Coast<br>Holidays - Dane View            | Dane View, Headland Point, Headland Road, TR7 1EL | 07437 449310  |
| SELF-CATERING<br>AGENCIES | Aspects Holidays                                  | Various locations in Cornwall                     | 01872 572971  |
|                           | Beach Retreats                                    | Various locations in Cornwall                     | 01637 861005  |
|                           | Classic Cottages                                  | Various locations in Cornwall                     | 01326 555555  |
|                           | Cornish Horizons                                  | Various locations in Cornwall                     | 01841533331   |
|                           | HolidayCottages.co.uk                             | Various locations in Cornwall                     | 01237 426263  |
|                           | Luxury Coastal                                    | Various locations in Cornwall                     | 0330 113 7005 |
|                           | Snaptrip                                          | Various locations in Cornwall                     | 0203 637 0812 |
|                           | Sykes Holiday Cottages                            | Various locations in Cornwall                     | 01244 356666  |
| HOLIDAY PARKS             | Carvynick Holiday Park                            | Summercourt, Nr Newquay, TR8 5AF                  | 01872 510716  |
|                           | Crantock Beach Holiday<br>Park - Parkdean Resorts | Trevelveth Road, Crantock, Newquay, TR8 5RH       | 0344 335 6795 |
|                           | Hendra Holiday Park                               | Lane, Newquay, TR8 4NY                            | 01637 875778  |
|                           | Holywell Bay Holiday<br>Park - Parkdean Resorts   | Holywell Bay, Nr Newquay, TR8 5PE                 | 0344 335 6785 |
|                           | Newquay Holiday Park -<br>Parkdean Resorts        | A3059, Newquay, TR8 4HS                           | 0344 335 6796 |
|                           | Piran Meadows Resort                              | White Cross, Nr Newquay, TR8 4LW                  | 01726 860415  |

|               |                                             |                                   |               |
|---------------|---------------------------------------------|-----------------------------------|---------------|
| HOLIDAY PARKS | Piran Meadows Resort                        | White Cross, Nr Newquay, TR8 4LW  | 01726 860415  |
|               | Porth Beach Tourist Park                    | Alexandra Rd, Newquay TR7 3NH     | 01637 876531  |
|               | Trenance Holiday Park                       | Edgcombe Ave, Newquay, TR7 2JY    | 01637 873447  |
|               | Trevornick Holiday Park                     | Holywell Bay, Nr Newquay, TR8 5PW | 01637 830531  |
|               | Treworgans Holiday Park                     | Cubert, Nr Newquay, TR8 5PW       | 01637 830200  |
|               | White Acres Holiday Park - Parkdean Resorts | White Cross, Nr Newquay, TR8 4LW  | 0344 335 6784 |
|               |                                             |                                   |               |

|             |                                          |                                               |                   |
|-------------|------------------------------------------|-----------------------------------------------|-------------------|
| ATTRACTIONS | Blue Reef Aquarium                       | Towan Promenade, Newquay, TR7 1DU             | 01637 878134      |
|             | Camel Creek Family Adventure Park        | Tredinnick, Wadebridge, PL27 7RA              | 01841540276       |
|             | Cornwall Gold & Tolgus Mill              | New Portreath Road, Nr Redruth, TR16 4HN      | 01209 203280      |
|             | Lappa Valley Steam Railway               | St Newlyn East, Nr Newquay, TR8 5LX           | 01872 510317      |
|             | National Trust - Trerice Manor & Gardens | Kestle Mill, Nr Newquay, TR8 4PG              | 01637 875404      |
|             | Newquay Zoo                              | Trenance Gardens, Newquay, TR7 2LZ            | 01637 873342      |
|             | Screech Owl Sanctuary & Animal Park      | Goss Moor, nr. Indian Queens, TR9 6HP         | 01726 860182      |
|             | The Japanese Garden                      | St Mawgan, Nr Newquay, TR8 4ET                | 01637 860116      |
|             | The Lane Theatre                         | Lane, Newquay, TR8 4PX                        | lanetheatre.co.uk |
|             | Wax Gym                                  | Tretherras Road, Yeoman Way, Newquay, TR7 2SL | 01637 875533      |

|            |                        |                                                                                      |              |
|------------|------------------------|--------------------------------------------------------------------------------------|--------------|
| ACTIVITIES | Accessible Adventures  | Meeting Point: Towan Beach Car Park, Headland Rd, Newquay, TR7 1HN                   | 07856 211044 |
|            | Blue Wings Surf School | 113 Tower Road, Newquay, TR7 1LZ                                                     | 01637 874445 |
|            | Bridge Bike Hire       | The Camel Trail, Wadebridge, PL27 7AL                                                | 01208 813050 |
|            | Cardinham Woods        | Cardinham Woods, Bodmin, PL30 4AL                                                    | 01208 76787  |
|            | Cornwall Laser Tag     | Atlantic Reach Resort & Leisure Club, Whitecross, Nr Newquay, TR8 4LX                | 07398 620797 |
|            | Escape Surf School     | The Seaview Terrace, St Christopher's Inn/Belushis, 35 Fore Street, Newquay, TR7 1HD | 07810 805624 |

|            |                               |                                                                        |                        |
|------------|-------------------------------|------------------------------------------------------------------------|------------------------|
| ACTIVITIES | Holywell Bay Golf             | Holywell Bay, Nr Newquay, TR8 5PW                                      | 01637 832916           |
|            | Newquay Sea Safaris & Fishing | Shark's Head Kiosk, South Quay Hill, Newquay Harbour, Newquay, TR7 1HR | 07582 466122           |
|            | Newquay Wild Activities       | Newquay                                                                | 07805 674464           |
|            | On Target Games               | Newquay                                                                | 07715 658975           |
|            | Olla Hika Sauna               | Newquay Locations. Seasonal                                            | 7580872550             |
|            | Oasis Fun Pools               | Oasis at Hendra Holiday Park, Lane, Newquay, TR8 4NY                   | 01637 870711           |
|            | Saunassa Nordic Spa           | 13 Pargolla Rd, Newquay, TR7 1RP                                       | 01637 226642           |
|            | Trenance Crazy Golf           | Trenance Leisure Park, Newquay, TR7 2LZ                                | crazygolfnewquay.co.uk |

|             |                                          |                                                         |                            |
|-------------|------------------------------------------|---------------------------------------------------------|----------------------------|
| EAT & DRINK | Bowgie Inn                               | West Pentire, Crantock, Newquay, TR8 5SE                | 01637 830363               |
|             | Lewinnick Lodge Restaurant               | Pentire Headland, Newquay, TR7 1QD                      | 01637 878117               |
|             | Plume of Feathers                        | Mitchell, Newquay TR8 5AX                               | 01872 510387               |
|             | Rick Stein Fistroal                      | Fistroal Beach Complex, Headland Road, Newquay, TR7 1HY | 01637 808437               |
|             | Smugglers Den Inn                        | Trebellan Farm, Cubert, Newquay, TR8 5PY                | 01637 830209               |
|             | The Boathouse - Street Food on the Beach | South Quay Hill, Newquay, TR7 1HT                       | streetfoodonthebeach.co.uk |
|             | Wax Watergate                            | Watergate Bay, TR8 4AB                                  | 01637 860353               |

|           |                                     |                                                                           |              |
|-----------|-------------------------------------|---------------------------------------------------------------------------|--------------|
| TRANSPORT | Cornwall Airport Newquay            | St Mawgan, Newquay, TR8 4RQ                                               | 01637 860600 |
|           | Devon and Cornwall Rail Partnership | School of Geography, Plymouth University, Drake Circus, Plymouth, PL4 8AA | 01752 584777 |

|          |                      |                                                             |              |
|----------|----------------------|-------------------------------------------------------------|--------------|
| SHOPPING | Johnny's Tobacconist | 54 Bank St, Newquay TR7 1AX                                 | 01637 859375 |
|          | 10 over surf shop    | Unit 12, Lanteague, Scotland Road, Zelah, Cornwall, TR4 9JG | 01637 226336 |

|          |                                                             |                                                |              |
|----------|-------------------------------------------------------------|------------------------------------------------|--------------|
| MOBILITY | Wheelchair Hire at Visit Newquay Tourist Information Centre | Newquay Library, Marcus Hill, Newquay, TR7 1BD | 01637 838516 |
|----------|-------------------------------------------------------------|------------------------------------------------|--------------|





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